

## Meal Tickets

(for guests not staying at Silver Bay)

- \* Breakfast: \$ 6.00
- \* Lunch: \$ 8.00
- \* Dinner: \$20.00

To reserve your meal tickets call  
1.800.255.0569

For hotel accommodations please  
complete the enclosed hotel reservation form  
and return to:

**Silver Bay Association**  
87 Silver Bay Road  
Silver Bay, NY 12874  
[www.silverbay.org](http://www.silverbay.org)

Fax: 518.543.6537  
Phone: 518.543.8833 Ext. 247

### Silver Bay Association rates:

#### American Plan

Includes: room, meals and gratuities

#### Adults

- \* Single Occupancy . . . . . \$140.  
(per person, per night)
- \* Double Occupancy . . . . . \$95.  
(per person, per night)
- \* Triple Occupancy . . . . . \$80.  
(per person, per night)

#### Children

Ages 6-17 — \$25 per child,  
per night, when staying in the same  
room with a paying adult.

Ages 5 and under are free.

## You're Here Before You Know It.

Silver Bay may be out of the city, but it isn't out of reach. We make getting here easy:

**By Car.** Silver Bay is 90 minutes from Albany, NY. Take the Adirondack Northway (87) to Exit 24, drive east five miles to the road's end at Route 9N. Turn left and drive north approximately 13 miles to Silver Bay. Look for SILVER BAY ASSOCIATION signs on the right two miles past Sabbath Day Point.

**By Air.** Albany, NY and Burlington, VT airports are served by both commuter and major airlines, with connections from anywhere in the nation.

**By Bus.** Buses from New York City stop at our door in the summer, buses from other major cities stop in Lake George Village and Glenn Falls.

**By Train.** Amtrak trains stop in Fort Ticonderoga (20 minutes from Silver Bay) year-round.



For more information, call 518-543-8833.

**SILVER BAY**  
SILVER BAY ASSOCIATION  
YMCA CONFERENCE CENTER  
SILVER BAY, NY 12874

NEW YORK STATE BAR ASSOCIATION  
LAWYER ASSISTANCE PROGRAM  
One Elk Street, Albany, New York 12207



Registration Deadline May 9, 2008

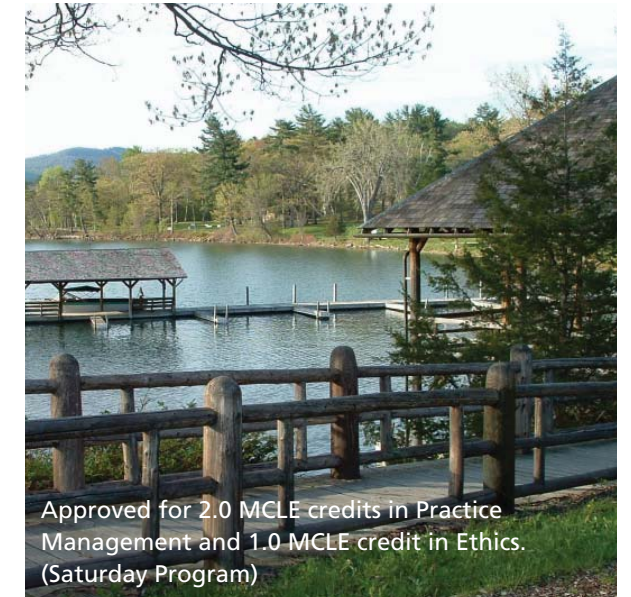
NEW YORK STATE BAR ASSOCIATION

# NYSBA

## The Eighteenth Annual Lawyer Assistance Program *Spring Retreat*

Co-sponsored by NYSBA's Lawyer Assistance  
Committee and the Lawyer Assistance Program

### May 16-18, 2008



Approved for 2.0 MCLE credits in Practice  
Management and 1.0 MCLE credit in Ethics.  
(Saturday Program)

**Silver Bay Association**  
**Silver Bay (Lake George), New York**

All members of the legal profession  
and their families are invited to attend.



## Friday, May 16, 2008

4:00 – 6:00 p.m.  
**REGISTRATION**

6:00 – 8:00 p.m.  
**COMMENCEMENT DINNER**

Sallie Krauss, Brooklyn  
**NYSBA LAC Chair**  
Susan Fuller, Albany  
**Speaker**

8:15 – 9:15 p.m.  
**12 STEP MEETINGS**

- A.A.
- N.A.
- Al-Anon

## Saturday, May 17, 2008

7:00 – 8:00 a.m.  
**EARLY BIRD RECOVERY MEETING**

8:00 – 9:00 a.m.  
**BREAKFAST**

8:00 a.m. – 12:00 p.m.  
**REGISTRATION CONTINUES**

*Meetings are open to all participants.*

Scholarships may be available to attend this retreat. For those needing confidential financial assistance, please call Pat Spataro, LAP Director 1.800.255.0569.

## Saturday, May 17, 2008

9:00 a.m. – 11:00 a.m.  
**“LEGAL SANITY: DON’T BE A VICTIM OF YOUR OWN CAREER”**

ARNIE HERZ, ESQ  
**Speaker**

This program has been approved for 2.0 credit hours in Practice Management. This will not qualify for credit for newly admitted attorneys.

11:00 a.m. – 12:00 p.m.  
**“EVIDENCED-BASED TREATMENT OPTIONS FOR LAWYERS SUFFERING FROM ALCOHOLISM”**

PAUL CURTIN  
**Speaker**

This program has been approved for 1.0 credit hour in Ethics. This will not qualify for credit for newly admitted attorneys.

12:15 – 1:15 p.m.  
**LUNCH**

1:30 – 6:00 p.m.  
**FREE TIME**

2:30 – 3:30 p.m.  
**YOGA WORKSHOP**

AVROM ROBIN  
**Instructor**

A limited number of yoga mats will be available. Feel free to bring your own.

3:45 – 4:30 p.m.  
**MEDITATION WORKSHOP**

JUDGE SALLIE  
**Instructor**

## Saturday, May 17, 2008

6:00 – 6:30 p.m.  
**SOCIAL GATHERING**

6:30 – 8:30 p.m.  
**FRANKLIN P. GAVIN ANNUAL AWARD DINNER**

C. RAYMOND NELSON, ESQ.  
**Award Recipient and Speaker**

8:45 – 9:45 p.m.  
**12 STEP MEETINGS**

- A.A.
- N.A.
- Al-Anon

9:30 – 11:00 p.m.  
**BONFIRE AND SING-ALONG**  
*(bring flashlights)*

## Sunday, May 18, 2008

7:00 – 8:00 a.m.  
**EARLY BIRD RECOVERY MEETING**

8:00 – 9:00 a.m.  
**BREAKFAST**

9:30 – 10:30 a.m.  
**SUNDAY MORNING MEETING**

Larry and Deb Zimmerman, Albany  
**Speakers**

10:30 – 11:00 a.m.  
**CLOSING CEREMONY**

For additional information regarding this retreat:

1.800.255.0569 or 518.487.5686  
lap@nysba.org

## RETREAT REGISTRATION FORM

(please print)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

TELEPHONE \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

Attendee \$ 75.00 \$ \_\_\_\_\_

Spouse/Guest \$ 50.00 \$ \_\_\_\_\_

Ray M. López  
Scholarship Fund \$ \_\_\_\_\_  
(Non-tax deductible)

**Total Enclosed** \$ \_\_\_\_\_

Name of registrant (for badge) \_\_\_\_\_

Name of spouse/guest (for badge) \_\_\_\_\_

Check here if you will be attending the retreat for the first time.

Return Registration Form and  
Retreat Registration Payment to:

**Linda McMahon**  
NYSBA, Lawyer Assistance Program  
One Elk Street, Albany, NY 12207

Checks payable to:  
New York State Bar Association

**Registration Deadline**  
**May 9, 2008\***

\* Rooms are subject to availability after this date  
Register online at [www.nysba.org/lap](http://www.nysba.org/lap)